

-- PSYCHIC ATTACK --

Beloved Adhyapya:

Tonight marks a new step on the Path to Power. Knowledge and Development, and the first of the great Secrets of the Initiates to be from time to time revealed to you is that of Psychic Defense, and our text will be the great systems of the Western Tradition.

I want you to approach the work to be given you with a full realization of the seriousness of the tasks involved, for as a preparation for further advancement without it is indeed necessary that you become proficient in the art of self defense, and the ability of calling to your aid, help when needed from those secret Watchers of the Inner Realms termed the Occult Police. As later your work, the first intrusted to you by the Masters will be a term of service with these Mundane Branches of the Occult Police known thruout the world of Initiates as the Hunting Lodges, your first work will include the calling of these to your aid when you are in need, facing a situation you feel you cannot handle. Spiritual wickedness in High Places is mostly a matter of the Astral Planes and these you can even now handle when you have been taught the approved methods, but you may perhaps meet a rare case of attack in the realms of Mind or in the Fiery Regions of Spirit and for these you need the help of the Silent Watchers.

Psychic attack has many different forms -- it is not always intentional, as in the case of an individual with an over-charged magnetic nature. Their magnetic attraction may be disagreeable or have an unpleasant effect on certain people. In a general and minor way its influences are to be met every day.

However, true, intentional and directed psychic attack is very rare. Only in a few cases claiming to be the result of psychic attack, has it been found that a planned, vicious and directed attack has been made. So many, when they begin to learn of these things, take it for granted that every negative condition, every difficulty and every problem is the result of somebody or something working against them. Such is not the case. This work comes to you as a part of the work of the Occultist, that you may understand such rituals, and be able to use them for various purposes. They calm the atmosphere about you, enable you to become more serene within yourself, and to establish harmony about you, as well as to ward off actual psychic attack.

Now consider for a moment how a Psychic attack operates. In realms of Mind there is neither time nor space as men understand them, as you have learned. If you think of a person you are in touch with that person, if you picture that person clearly it is as tho you were face to face with them. If you picture them vaguely it is as if you saw them far away. Being in the mental vicinity of a person you can create a thought atmosphere by dwelling upon certain thoughts in connection with that person. This is how Spiritual Healing is done. Affirmations are used in order to get the mind of the healer into a certain emotional state and his mind effectually influences the mind of the patient with whom he has put himself into rapport. This power can be used for evil as well as good and the founder of that Science was wise enough to put her

Teachings in such a way that students would not readily discern the second edge to the sword. Remember that any message to the subconscious mind must be in very simple terms, because subconscious thought is a very primitive form of mentation developed before spoken language was known to mankind. The primary aim of the suggestion is to create a mental atmosphere about the psychic self of the person whether that person is to be attacked or healed until there is set up a sympathetic reaction; once this reaction is attained the battle is half over for the gates of the city have been opened from within and there is free ingress. The telepathic suggestion of definite ideas can then be speeded up rapidly.

It is this point which is the critical one in any occult attack. Up to this point the defender has the advantage. If you have sufficient knowledge, the knowledge I am about to give you in the next several lessons, you can without undue exertion retain that advantage indefinitely.

In the next lecture I will continue this discussion, but now I will leave it with you to think over and because I wish to give you one of the Ancient Formulae that you may practice it during the coming week until you have learned it well and have become proficient in building this defense. Then slowly we will go into further work, with discussions in between until the entire art of protection is yours, whether the attack comes from malicious occultists of various orders on this plane and many do not hesitate to use their knowledge in this way, or whether it comes in psychic form from human intelligences on the Planes, or if it be the attacks due to unconscious attunements with the lower life of the Astral, the nonhuman bacteriological-electrical forms of living things of these regions.

Remember in the story of Faust that if Margarita had not responded to the lure of the Jewel Song she would not have fallen a victim. The weak spot in the defense was, after all, her own nature.

--Instructions for Formulating the Magic Circle--

In making the magic circle the operator stands upright, facing East, in the room selected. Before starting work, make sure you know which is east, west, north, south. You are to face East because the magnetic currents on which you operate run east to west. Standing thus, facing East, your first task is to steady your vibrations and purify your aura. Meditate for a moment upon the highest thoughts, steady your aura by thinking of your own Divinity. There is naught in Heaven or Earth higher than your own awakened Soul. Become calm, fearless, poised.

Then, to further steady your vibrations and your aura, make the Caballistic Cross on breast and brow. (This is not the Calvary Cross but the equidistant or square cross). Thus: Right hand, first two fingers extended, others folded into the palm of hand, thumb crossed over or touching their nails. Thus with the two extended fingers touch the brow and say 'To Thee, Oh God. (touch the solar plexus) Be the Kingdom, (touch the right shoulder) and the Power (touch the left shoulder) and the Glory, (clasp the hands together) Unto the Ages of Ages, Amen.'

By this formula you affirm the Power of God as sole Creator and Supreme law of the Universe to which all things must bow and you establish this formula magnetically in your aura in making this sign of the cross upon yourself. As I said before this is not the Christian cross but the equi-limbed cross of Nature - it refers to the four

quarters of the globe and the four elements associated with them and proclaims the dominion of God over these and thereby formulates His Kingdom within the sphere of the Occultist, yourself.

Next you are to vividly imagine yourself to be holding in your right hand a large cross handled sword such as is depicted in the pictures of the Crusaders, or such as Joan of Arc used. Hold this, point upright (as you stand the eyes may be closed or open, perhaps you visualize better with them closed.) Now with the sword held so the point is up, say firmly 'In the name of God I take in hand the sword of Power for defense against evil and aggression', and you imagine yourself to be towering up double your usual height, a tremendous armed and mailed figure, vibrating with the force of the Power of God with which you have been charged by your formulation of the Sword of Power. Imagine it vividly, thrill to Power, feel it surge into and thru you. Every cell of your body is now Power, the Power of God, for you have invoked the Most High. You now proceed to visualize or imagine yourself drawing up on the floor with the point of the sword you hold, a magic circle six or eight feet across and with yourself in the center (don't bend over or move, just turn slowly and point). Here will come into use the practice of visualizing your Sanctum, turning around in it and so forth. Draw the Circle thus with the Sword of Power and see it as a line of little flames as if it were traced with burning alcohol, only the flames of a pale golden color. With a little practice you can keep on going around the circle (mentally) until it is formulated in your Mind clearly and plainly. Always draw the circle deosil, that is, East to South, West to North in the same way the hands of a clock move were the clock to lay upon the floor, face up. The contrary way is widdershins, the way the witches dance, the way of Black Magic.

The deosil movement affirms God's rule over Nature because it is the way of the Sun. In resisting an Occult attack your whole formula should be tuned to the key-note of asserting God's dominion over all existence, your aim being to align yourself with Cosmic Law and cause the Power of God to deal with your interference, be it human or non-human.

Now the Circle being formulated you stop visualizing the Sword, but still visualize the flaming circle and clasp your hands in Prayer, holding them clasped above your head, facing East and pray, 'May the Mighty Archangel Raphael protect me from all evil approaching me from the East'. Turning to the South you repeat the same formula in prayer to Gabriel, 'May the Mighty Archangel Gabriel protect me from all harm approaching me from the South', then to the West you invoke Michael and turning to the North you invoke Uriel. Face the East again, thus completing the circle and repeat the Caballistic Cross as in the beginning.

This, the magic circle will protect you until the tides change - that is, if performed after sundown, it will hold you safe until after sunrise, repeating it after sunrise will hold you safe until after sunset. It is very potent in protecting the sleeping place, drawing the circle around the bed. It is not necessary to move about the room or move the furniture -- it will be formulated in the ethers wherever you visualize it.

You will see that you are now in need of what you acquired in your visualizing, your concentration and the other work you have been doing, it will now come into good use and aid you in performing the work easily and quickly.